



Sport Academy

Congratulations to the students who have been selected in the 2023 Sports Academies. If you missed trials and would still like to join, please contact [Mr Sam Baker](#) to arrange a time to trial.

A reminder for boys in the Academies - Don't forget your PE Gear.

Sports Uniforms

All students involved in Liston College sport will be required to represent the school with pride and wear the sports uniform for all games and tournaments. These can be purchased at:

SAS Uniforms, 521 Rosebank Road, Avondale, Auckland. Monday-Friday 8.30am-4.30pm. Saturday 9.00am-2.00pm.

Winter Sports

As we near the end of Term 1, we start to look towards our Winter Sport codes for 2023. Below are the sports/teams we anticipate offering for Terms 2 and 3. Please read the information provided and register your interest to participate using the link. Should you have any questions regarding these sports please contact the Teacher in Charge directly or the school's Sports Department sport@liston.school.nz

Intermediate School Sports

Basketball	<p>TRIALS: 16th and 23rd March 3.30-5.00pm in the school gym.</p> <p>Intermediate: Trainings Monday evenings, Games on Wednesdays, Term 2. There is an option for players to continue playing in Term 2 and 3 at Massey YMCA. Teacher in Charge: Mr Sam Baker.</p> <p>To register interest for Basketball, click here!</p>
Mountain Biking Club	<p>If you are interested in joining the Liston College Mountain Biking Club, please see Mr Sam Baker or Miss Gemma McQuaid. No prior experience is required.</p> <p>To register interest for Mountain Biking, click here!</p>
Rugby	<p>Liston College is running an Under 13 Rugby team this year playing in the Auckland Competition. All trainings take place on Tuesdays and Thursday from 3.30-5pm on the school fields. Fees for Under 13 players are \$100 for the season. These will be invoiced and need to be paid before the first game.</p> <p>If you are interested in participating in this team, please contact Mr Tane Hughes and sign you son up using the link https://forms.gle/VJ5yMpCsp46xJqgs9</p>
Tag	<p>Waitakere Intermediate Schools Sports Cluster Tag Champs are on 20th March. If you are interested in participating in this tournament, please contact Mr Tane Hughes.</p>
Tennis	<p>Liston College is wanting to enter a Junior Tennis team in Term 4. We will have experienced coaches from Waimauku Tennis Club coming in after school one day a week for tennis training. No experience needed. Teacher in Charge: Mr Sam Baker.</p> <p>To register interest for Tennis, click here!</p>

Junior & Senior School Sports

Basketball	<p>Trials have now been completed for the Under 15s, Junior Premiers, Under 17s, Under 19s and and Premier teams. If you missed Trials and want to still play, please see Mr Sam Baker.</p> <p>Premier: Trainings Monday Morning and Afternoon, Wednesday Morning and Afternoon. Games on Friday Afternoons.</p> <p>Under 19s: Trainings Tuesday Evenings, Games on Friday Afternoons.</p> <p>Under 17s: Trainings Tuesday Evenings, Games on Thursday Afternoons.</p> <p>Under 15s/ Junior Premiers: Trainings Wednesday Lunchtime and Form time, Games on Wednesday Afternoons.</p> <p>Teacher in Charge: Mr Sam Baker.</p> <p>To register interest for Basketball, click here!</p>
Football	<p>Liston College will be entering teams in the following competitions; Year 9 Year 10 2nd XI 1st XI</p> <p>Trials are: Trials have been completed. If you missed trials, please see Mr Baker to check if you can trial for the teams you missed trials for.</p> <p>Fees for Year 9, Year 10 and 2nd XI players are \$100 for the season to contribute towards equipment, and competition fees. These will be invoiced and need to be paid before the first game. If there are circumstances around finances that may impact upon your son's involvement please contact Mr Sam Baker or Mr Dan Girven.</p> <p>All trainings take place in on the school field. These will start week 8.</p> <p>Uniforms will be available for purchase from SAS Uniform shop, 521 Rosebank Rd, Avondale.</p> <p>Coaches and Managers: If you are wanting to help coach or manage a team, please contact Mr Sam Baker</p> <p>Please indicate what team your son wishes to be in using the link Here!</p>
Hockey	<p>Liston College will be entering teams in the following competitions; Junior Team/ 2nd XI 1st XI</p> <p>Trials are: Trials have been completed. If you missed trials, please see Mr Baker to check if you can trial for the teams you missed trials for.</p> <p>Fees for Hockey are \$150 for Junior Team/ 2nd XI and \$250 for the 1st XI. This contributes towards equipment, and competition fees. These will be invoiced and need to be paid before the first game. If there are circumstances around finances that may impact upon your son's involvement please contact Mr Sam Baker.</p> <p>All trainings take place in on the school turf at this stage with the 1st XI potentially training at Henderson High School hockey turf later during the year. These will start week 8.</p> <p>Uniforms will be available for purchase from SAS Uniform shop, 521 Rosebank Rd, Avondale.</p> <p>Coaches and Managers: If you are wanting to help coach or manage a team, please contact Mr Sam Baker.</p> <p>Please indicate what team your son wishes to be in using the link Here!</p>

Netball	<p>Liston College is entering a Mens Netball team into the secondary school boys grade at Netball Waitakere for the 2023 winter season.</p> <p>Training time is still to be confirmed. Games will be at Te Pai Courts on Tuesday afternoons/evenings.</p> <p>Teacher in Charge: Miss Stephanie Dalton and Miss Renee McGregor.</p> <p>To register interest for Netball, click here!</p>
Rugby	<p>Liston College will be entering teams in the following competitions;</p> <p>Under14/Under 15 2nd XV/3rd XV 1st XV</p> <p>All trainings take place on Tuesdays and Thursday from 3.30-5pm on the school fields.</p> <p>Under 14 starting Tuesday February 28 Under 15 starting Tuesday March 7 2nd XV/3rd XV – Wednesday 7am, Thursday 3.30pm 1st XV – has been advised.</p> <p>Fees for Under 14 to 2nd XV players are \$100 for the season. These will be invoiced and need to be paid before the first game. If there circumstances around finances that may impact upon your son's involvement please contact Mr Tane Hughes.</p> <p>Uniforms: Jerseys provided. Liston shorts, socks, warm-up top and sports top will be available for purchase from SAS Uniform shop, 521 Rosebank rd, Avondale.</p> <p>Please indicate what team your son wishes to be in using the link below https://forms.gle/VJ5yMpCsp46xJqgs9</p>
Badminton	<p>Badminton teams play on Mondays and Tuesdays in Terms 2 and 3. Games are played at Badminton Waitakere ,Royal Road, Massey.</p> <p>If you are interested in joining the Liston College Badminton teams, please see Mr Craig Forster.</p>
Clay Target Shooting	<p>If you are interested in joining the Liston College Clay Target Shooting team, please see Mr Alan Leathem. (Experience with shooting is required.)</p>
Squash	<p>The Squash teams play on Tuesdays and Thursdays in Terms 2 and 3 at Henderosn Squash Club.</p> <p>If you are interested in joining the Liston College Squash club and teams, please see Mr Peter Cowie.</p>
Table Tennis	<p>The Table Tennis club trains on Tuesdays in Term 1. Teams are selected from these trainings for tournaments and leagues in Term 2 and Term 3.</p> <p>The cost for this club is \$30 per year and tournament/ league entry costs if selected into a team.</p> <p>If you are interested in joining the Liston College Table Tennis club and teams, please see Mrs Kazue Takeda.</p>
Tennis	<p>Liston College is wanting to enter a Tennis team in Term 4.</p> <p>We will have experienced coaches from Waimauku Tennis Club coming in after school one day a week for tennis training. No experience needed.</p> <p>Teacher in Charge: Mr Sam Baker.</p> <p>To register interest for Tennis, click here!</p>
Athletics	<p>Western Zone Athletics Champs are on 21st March.</p> <p>Athletes for this will be selected based on the results from our School Athletics Days on 23rd and 24th February.</p>
Mountain Biking Club	<p>If you are interested in joining the Liston College Mountain Biking Club, please see Mr Sam Baker or Miss Gemma McQuaid.</p> <p>To register interest for Mountain Biking, click here!</p>